

Dignity Action Day

Dignity Action Day is coming up. On **Thursday February 25th** Dignity Champions from across the Bradford district will be holding events and raising awareness of the Dignity in Care Campaign.

There are many events taking place across the district including the following:

Afternoon Tea & Celebration

Midland Hotel, Forster Square,
Bradford

Time: 1:30pm . 4:00pm

For more information get in touch with Julie Worthington on 01273 431573 or email

julie.worthington@bradford.gov.uk

Time to Talk Session

Whetley Hill Resource Centre will be having tea and cakes and sharing their experiences of the levels of Dignity afforded to them in their life.

Whetley Hill Resource Centre, 3
Whetley Hill, Bradford BD8 8NL~

Time: 2:00pm

For more information ring Maureen Harrison or Anita Wiseman on 01274 495442

For a full list log on to <http://www.dhcarenetworks.org.uk/dignityincare/DAD/pledgesAndActivities/>

Keep an eye out for Bradford LINK's **special edition newsletter** which will be packed full of info about Bradford's **Dignity Champions Network**, and how you can make change happen.

For more information about the Dignity in Care Campaign and becoming a Dignity Champion, please contact the team at Bradford LINK or visit www.bradfordlink.org.uk

Health Secretary visits Bradford LINK

Health Secretary Andy Burnham dropped into Bradford LINK offices to find out more about what we've been up to.



He was interested in the work we've done in Keighley around the new Health and Wellbeing Centre.

We showed him our 10 minute film Fresh Voices which is about the five events we held where hundreds of

people had their say on what services should be available in the area.

Calling all advocates

Bradford should have an advocacy network. That's what was decided at a meeting Bradford LINK held in December. Advocacy means speaking out for people. So people from different organisations in the Bradford district are now working towards forming this network. If you are an advocate and would like to be part of a network please get in touch with Becky Mears at Bradford LINK by calling 01535 665258 or email becky@bradfordlink.org

Get the skills to make change happen

Bradford LINK is running some workshops to give people in the district the right skills to make change happen. They will be held at Bradford Resource Centre, 17-21 Chapel Street BD1 5DT

Campaign skills - Wednesday March 10th 10am-4pm

This one-day workshop will help you get involved in running successful campaigns . it will cover:

- ✓ doing research and gathering information;
- ✓ meeting, lobbying and influencing managers, politicians and decision makers
- ✓ organising events to attract publicity for your cause
- ✓ promoting your cause and your group - using the media

Enter and View Visits Skills 10am-4pm Tuesday March 23rd

This one-day workshop will help you take part in a visiting group to inspect health and social care services - the workshop will include:

- ✓ understanding the powers of Bradford LINK
- ✓ finding out what these visits will achieve
- ✓ looking at codes of conduct and behaviour
- ✓ learning how to record the findings of a visiting group

In our next edition, find out more about the work Bradford LINK is doing around adults and young people with Autism and Aspergers. A meeting is coming up on 4th March 2010. For more info get in touch with Becky Mears - becky@bradfordlink.org.uk