

Connect

THE BRADFORD LINK NEWSLETTER

**Bradford
LINK**
connect and make a difference

UPDATES
26th February 2010

Autism and Aspergers

Bradford LINK is looking at how adults and young people with Autism and Aspergers access health and social care services in the district. We are holding a meeting to talk about it.

Thursday 4th March
10am
Victoria Hall
Saltaire
BD18 3JS

We have been contacted by a number of people who have concerns about the services available and would very much like to hear from other people who are interested in autism and Asperger's and who want to make a difference.

For more information please contact Becky Mears on 01535 665258 or email becky@bradfordlink.org.uk

Yorkshire Ambulance Conference

Do you have something to say about Ambulance Services in our area? Our colleagues at North Yorkshire LINK have arranged a conference about the services across the whole of Yorkshire.

Thursday 11th March 2010
10.30am – 3.30pm
Normanton Golf Club
Hatfield Suite Function Room
Hatfield Hall
Aberford Road
Wakefield, WF 3 4JP

If you would like to attend please contact Melvyn Newton on 01535 665258 or email melvyn@bradfordlink.org.uk

Sign Language

Are you interested in Sign Language. Find out more at a conference called Sign Link 2010 being held in Bradford.

Wednesday 10th March

10am-12pm
Park Lane Centre (behind St Luke's Hospital in Bradford)
Park Lane
Bradford
BD5 0LN

To confirm your place please contact Nisa at BACC on 01274 481590/ SMS 07989767506 or email nisa@bacc.uk.com.

Positive Minds

Positive Minds is a group that looks at ways to make sure older people with depression get the treatment and support they need in Bradford and the surrounding District.

Next Meeting

Tuesday 16th March 2010,
2pm-4pm
Age Concern
19-25 Sunbridge Road
Bradford, BD1 2AY

To find out more call Julie Lintern on 01274 728216

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Dignity Action Day

Well done to everyone who helped make National Dignity Action Day a success! A lot of people arranged and attended events across the district to raise awareness of the campaign.

Bradford LINK has printed a special edition newsletter dedicated to Dignity. You can download it here. www.bradfordlink.org.uk/files/Dignity_In_Action_Newsletter_Feb10.pdf

If you would like a paper copy, please get in touch with Bethan Davies on 01535 665258 or email bethan@bradfordlink.org.uk

You can now find the Dignity Champions Network on Facebook
<http://www.facebook.com/group.php?gid=339519137680>

AGE Bradford & District
Concern

Walk from Home

Age Concern's Walk from Home scheme hits Keighley!

The Walk from Home scheme has been successfully helping older people in Bradford get more confident in walking for the past year.

Now the scheme is coming to Keighley and they need volunteers to help.

Volunteers provide support and encouragement by going out for a

short walk with an older person each week. Anyone over the age of 18 can help by offering a couple of hours a week.

To find out more call Samantha Jones on 01274 395144 or email Samantha.Jones@ageconcernbradford.org.uk.

Mental Health Forum

Last year Bradford LINK began supporting the Bradford and Airedale Mental Health Forum. This forum is unique because its independent, its open to anyone to attend and it covers all mental health services and all mental health conditions.

We're planning what the forum is going to do over the next year. In our next edition we will have more info about our upcoming meeting on **Thursday March 25th at the Kirkgate Centre in Shipley.**

If you would like to be involved then please call us on 01535 665258 or email emmerston@bradfordlink.org.uk

If you would like to include a short article or details about an upcoming event in this newsletter, please get in touch with the Communications Officer Bethan Davies.

If you need this newsletter in a different format please call 01535 665258